



Fury Midgets Bond in Pre Season



The Fury Midget Majors and Minors took part in the second annual "Fury Midget Team Building Camp" to start the season. The camp involved the players from both the U18 and U16 teams, training and competing with and against one another in an effort to build a bond that will catapult them into the new season.

The camp, headed by Fury Hockey Director Marc Kapsalis, took place over a 3 ½ day period in Orland Park. Joining Kapsalis was Fury Midget Major Coach Nick Pollos, U18 assistant Joe Saban and U16 assistant Christian Hmura. Also Joining the Staff both as a counselor and a participant was current Professional Player Greg Rallo from the Manitoba Moose of the AHL, a former player of Nick Pollos.

"One important part of the camp was to have all the players take part in a Q & A session with Rallo" added Kapsalis. "The kids got to talk to a pro player who came from Illinois youth hockey and worked his way up."

During the camp, the two teams competed in obstacle course races and other training exercises which helped develop both physical and mental skills.

The camp later took a turn as counselor Greg Rallo turned into participant Greg Rallo as he donned the training attire and took part in the exercises with the players. "Greg got down and dirty and trained with the guys. That meant allot to the kids to see his work ethic" says U18 Coach Nick Pollos.



a Fury Coach Nick Pollos with former player Greg Rallo

The camp concluded with a barbeque and award session which rewarded the players for their hard work and commitment to their teammates. "I am very proud of the players" says Kapsalis. "They worked very hard and came together this weekend."